



2024 Program Objectives and Opportunities

Foundational Principles:

- Generational cycles of poverty typically repeat themselves in children.
- Distribution based systems have value, but do not elevate people out of poverty.
- Change is inevitable. Growth is optional. (John Maxwell)
- Success, health, health, fitness, wealth, and relationships are all products of consistency.
- Systems lead to change.

Current Programs:

- Food Distribution
- Emergency Assistance
- Holiday Meals & Gifts
- Youth Programming
- Youth Mental Health Sponsorship
- Referrals & Follow Up

New Opportunities:

Mentorship & Support for Adults

- Based on client feedback, develop programming to help SASS parents achieve their goals.
- Develop a framework for 1-on-1 and group classes. Possible topics include parenting skills and strategies for the various stages of child development, budgeting and personal financial management, goal setting, how to purchase a home, and school resources for special education and English Language Learners (ELL).
- Identify and recruit volunteers to assist with classes and individual coaching.
- Identify other organizations that have programs that assist families in overcoming poverty.

Youth Advocacy

- Focus on the school-age children of parents in the Mentorship & Support program.
- Identify programmatic needs and create solutions that increase graduation rates among students and ensure they have a plan for their lives when they graduate.
- Identify and mobilize volunteers to maximize impact.

Overcoming Language Barriers

- Ensure that ELL families understand the resources available to overcome language barriers.
- Recruit a pool of volunteers that can translate.
- Advocate with the schools and at SASS.

Senior Citizen Health & Wellness

- Work closely with Mill Pond residents to implement a 2024 wellness strategy that includes computer training, healthy eating classes, and exercise classes.